

PROJECT: RISKY BEHAVIORS

Our culture romanticizes cigarettes and alcohol. You've likely seen the movies where smoke curls from a slim cigarette being held by a handsome man or beautiful woman, who's sitting at a bar with a mixed drink or a glass of wine in front of him or her. It's what we do when we're grown up and successful, right?

In this activity, you will need to analyze the reasons that people give for smoking and the reasons they give for drinking alcohol. This may be done by interviewing some people you know that smoke or drink or by going online and researching reasons persons give for both.

You will also need to analyze the negative effects of alcohol and of smoking. You will need to go online to research these.

Below, list three reasons why people smoke and three reasons why people drink. Weigh each reason against the facts. In other words, prove that the reasons not to smoke far outweigh the reasons to smoke. Similarly, prove that the reasons not to drink alcohol far outweigh the reasons to drink alcohol. Information on both drinking and smoking can be found at the Centers for Disease Control and Prevention (CDC). At the end of each section, name three negative impacts of each behavior.

Smoking	Alcohol
1. Reason:	1. Reason:
Opposing Argument/Contradictory Facts:	Opposing Argument/Contradictory Facts:
2. Reason:	2. Reason:

Opposing Argument/Contradictory Facts:	Opposing Argument/Contradictory Facts:
3. Reason:	3. Reason:
Opposing Argument/Contradictory Facts:	Opposing Argument/Contradictory Facts:
List 3 Negative Impacts of Smoking: 1. 2. 3.	List 3 Negative Impacts of Alcohol Use: 1. 2. 3.