

# K-5 Menu Aug-Dec 2022

<b>WEEK ONE</b>  <b>August 24-26</b> <b>September 19-23</b> <b>October 17-20</b> <b>November 14-18</b> <b>December 12-16</b>	<b>Breakfast:</b> Sausage Bites  <b>Choice A:</b> Cheeseburger on WW Bun, Homestyle Baked Beans, Fruit  <b>Choice B:</b> Turkey Ham & Cheese on WG Croissant, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Baked Oatmeal Round  <b>Choice A:</b> Chicken Alfredo, Dinner Roll, Balsamic Roasted Vegetables, Fruit  <b>Choice B:</b> Turkey Ham & Cheese on WG Croissant, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Turkey Sausage, Egg & Cheese on English Muffin  <b>Choice A:</b> Pizza Grilled Cheese on WG Bread w/Marinara, Roasted Vegetables, Fruit  <b>Choice B:</b> Turkey Ham & Cheese on WG Croissant, Carrots w/Ranch, Fruit	<b>Breakfast:</b> WG Donut Bites  <b>Choice A:</b> Tangerine Orange Chicken, Vegetable Fried Rice, Sesame Broccoli, Fruit  <b>Choice B:</b> Turkey Ham & Cheese on WG Croissant, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Breakfast Pizza  <b>Choice A:</b> Frito Chili Pie w/Salsa Cup, Mexican Street Corn, Fruit  <b>Choice B:</b> Turkey Ham & Cheese on WG Croissant, Carrots w/Ranch, Fruit
<b>WEEK TWO</b>  <b>August 29-Sept 1</b> <b>Sept 26-30</b> <b>October 24-28</b> <b>November 21-22</b> <b>December 19-21</b>	<b>Breakfast:</b> Pancake Bites  <b>Choice A:</b> Grilled Ham & Cheese on WG Bread, Seasoned Peas, Fruit  <b>Choice B:</b> Chicken & Pepperoni w/Cheese on WG Sub Bun, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Breakfast Bagel Bake  <b>Choice A:</b> WG Spaghetti w/ Meatballs, Bosco Stick, Green Beans, Fruit  <b>Choice B:</b> Chicken & Pepperoni w/Cheese on WG Sub Bun, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Breakfast Tornado  <b>Choice A:</b> WG Pepperoni Pizza, Oven-Baked Potato Wedges, Fruit  <b>Choice B:</b> Chicken & Pepperoni w/Cheese on WG Sub Bun, Carrots w/Ranch, Fruit	<b>Breakfast:</b> WG Mini Maple Waffles  <b>Choice A:</b> Teriyaki Meatball Rice Bowl, Sweet Chili Brussel Sprouts, Fruit  <b>Choice B:</b> Chicken & Pepperoni w/Cheese on WG Sub Bun, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Breakfast Pizza  <b>Choice A:</b> Walking Taco w/ Doritos, Oven-Baked Buffalo Cauliflower, Fruit  <b>Choice B:</b> Chicken & Pepperoni w/Cheese on WG Sub Bun, Carrots w/Ranch, Fruit
<b>WEEK THREE</b>  <b>September 6-9</b> <b>October 3-7</b> <b>Oct 31-Nov 4</b> <b>Nov 28-Dec 2</b>	<b>Breakfast:</b> Sausage Bites  <b>Choice A:</b> WG Chicken Nuggets, Garlic Twist, Mexican Street Corn, Fruit  <b>Choice B:</b> Turkey Ham & Cheese on WG Roll, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Baked Oatmeal Round  <b>Choice A:</b> Cheeseburger Mac & Cheese, WG Garlic Knot, Broccoli, Fruit  <b>Choice B:</b> Turkey Ham & Cheese on WG Roll, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Turkey Sausage, Egg & Cheese on English Muffin  <b>Choice A:</b> WG Pepperoni Calzone, Parmesan, Sweet Potatoes, Fruit  <b>Choice B:</b> Turkey Ham & Cheese on WG Roll, Carrots w/Ranch, Fruit	<b>Breakfast:</b> WG Donut Bites  <b>Choice A:</b> WG Spanish Paella, Fruit  <b>Choice B:</b> Turkey Ham & Cheese on WG Roll, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Breakfast Pizza  <b>Choice A:</b> Homestyle Cheesy Chicken Quesadilla, Refried Beans, Fruit  <b>Choice B:</b> Turkey Ham & Cheese on WG Roll, Carrots w/Ranch, Fruit
<b>WEEK FOUR</b>  <b>September 12-16</b> <b>October 10-14</b> <b>November 7-10</b> <b>December 5-9</b>	<b>Breakfast:</b> Pancake Bites  <b>Choice A:</b> Hot Dog on WG Bun, Maple Baked Chickpeas, Fruit  <b>Choice B:</b> Turkey & Cheese Wedge Sandwich, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Breakfast Bagel Bake  <b>Choice A:</b> WG Rotini w/ Meat Sauce, Garlic Knot, Glazed Carrots, Fruit  <b>Choice B:</b> Turkey & Cheese Wedge Sandwich, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Breakfast Tornado  <b>Choice A:</b> WG Wet Beef & Bean Burrito, Black Bean Salad, Fruit  <b>Choice B:</b> Turkey & Cheese Wedge Sandwich, Carrots w/Ranch, Fruit	<b>Breakfast:</b> WG Mini Maple Waffles  <b>Choice A:</b> General Tso Chicken w/ Fried Rice & Asian Vegetables, Fruit  <b>Choice B:</b> Turkey & Cheese Wedge Sandwich, Carrots w/Ranch, Fruit	<b>Breakfast:</b> Breakfast Pizza  <b>Choice A:</b> Chicken Nachos, Taco Fiesta Beans, Fruit  <b>Choice B:</b> Turkey & Cheese Wedge Sandwich, Carrots w/Ranch, Fruit