HOLLAND NUTRITION SERVICES

Pre K-5 Menu Jan-June 2024

NO Cost to ALL Students for 1 Breakfast and 1 Lunch Daily Milk ONLY \$.75 cash or in student account, no charging

				student accou	int, no charging
	Breakfast: Breakfast Bagel	Breakfast: Apple Cinnamon WG	Breakfast: WG Vanilla	Breakfast: WG Pancake Bites	Breakfast: Breakfast
WEEK ONE	or Cereal Kit, Fruit	Texas Toast or Cereal Kit, Fruit	Belgian Waffle w/ Fruit or	w/ Syrup or Cereal Kit	Sausage & Gravy Pizza or
	Choice A: WG Chicken	Choice A: Chicken Alfredo Bake	Cereal Kit, Fruit	Choice A: Popcorn Chicken	Cereal Kit, Fruit
January 22-26	Nuggets w/ Breadstick,	w/ WG Dinner Roll, Roasted	Choice A : Pepperoni Pizza,	Bowl w/ Mashed Potatoes,	Choice A : Walking Taco,
	Seasoned Green Beans,	Broccoli & Cauliflower,	Seasoned Broccoli, Golden	Gravy & Corn, Applesauce	Seasoned Refried Beans,
February 19-23	Fresh Pear	Pineapple	Apples	Choice B: Turkey Ham on WG	Sliced Peaches
March 18-22	Choice B: Turkey Ham on	Choice B : Turkey Ham on WG	Choice B: Turkey Ham on	Bread, Carrot Snacks w/	Choice B: Turkey Ham on
April 22-26	WG Bread, Carrot Snacks w/	Bread, Carrot Snacks w/ Ranch,	WG Bread, Carrot Snacks w/	Ranch, Fruit	WG Bread, Carrot Snacks
May 20-24	Ranch, Fruit	Fruit	Ranch, Fruit		w/ Ranch, Fruit
	Breakfast: WG Donut Bites	Breakfast: WG Toasted	Breakfast: Breakfast Muffin	Breakfast: WG Sausage, Egg &	Breakfast: Egg & Bacon
WEEK TWO	or Cereal Kit, Fruit	Breakfast Bar or Cereal Kit, Fruit	w/ Egg & Sausage or Cereal	Cheese Burrito or Cereal Kit,	Pizza or Cereal Kit, Fruit
	Choice A: WG Chicken Patty	Choice A: Pizza Mac & Cheese	Kit, Fruit	Fruit	Choice A: Cheesy
Jan 29-Feb 2	on WG Bun, Mexican Street	Bake, WG Dinner Roll, Seasoned	Choice A: Grilled Cheese &	Choice A: Mandarin Orange	Chicken Nachos, Taco
Feb 26-Mar 1	Corn on the Cob, Fresh Pear	Green Beans, Tropical Fruit	Tomato Ratatouille Soup,	Dumplings, Steamed Broccoli,	Fiesta Beans, Applesauce
March 25-29	Choice B: Hard Cooked Egg	Choice B : Hard Cooked Egg w/	Melon Slices	Sliced Peaches	Choice B: Hard Cooked
April 29-May 3	w/ WG Muffin, EduSnacks,	WG Muffin, EduSnacks, String	Choice B: Hard Cooked Egg	Choice B: Hard Cooked Egg w/	Egg w/ WG Muffin,
	String Cheese, Carrot Snacks	Cheese, Carrot Snacks w/	w/ WG Muffin, EduSnacks,	WG Muffin, EduSnacks, String	EduSnacks, String
May 27-31	w/ Ranch, Fruit	Ranch, Fruit	String Cheese, Carrot	Cheese, Carrot Snacks w/	Cheese, Carrot Snacks w/
			Snacks w/ Ranch, Fruit	Ranch, Fruit	Ranch, Fruit
	Breakfast: Breakfast Bagel	Breakfast: Apple Cinnamon WG	Breakfast: WG Vanilla	Breakfast: WG Pancake Bites	Breakfast: Breakfast
WEEK	or Cereal Kit, Fruit	Texas Toast or Cereal Kit, Fruit	Belgian Waffle w/ Fruit or	w/ Syrup or Cereal Kit	Sausage & Gravy Pizza or
THREE	Choice A: Cheeseburger on	Choice A: WG Rotini w/ Meat	Cereal Kit, Fruit	Choice A: Chicken Tenders &	Cereal Kit, Fruit
January 8-12	WG Bun, Waffle Fries,	Sauce, Garlic Twisty Breadstick,	Choice A: Cheese	Waffles, Green Beans,	Choice A: Walking
February 5-9	Tropical Fruit	Maple Baked Garbanzo Beans,	Enchiladas, Garlic Chili	Applesauce	Chicken Fajita Taco,
•	Choice B: Turkey Ham &	Orange Wedges	Steamed Broccoli, Red	Choice B: Turkey Ham &	Cuban Black Bean & Corn
March 4-8	Cheese on WG Hawaiian	Choice B : Turkey Ham & Cheese	Apples	Cheese on WG Hawaiian Bun,	Salad, Banana
April 8-12	Bun, Cheese Cubes,	on WG Hawaiian Bun, Cheese	Choice B: Turkey Ham &	Cheese Cubes,	Choice B : Turkey Ham &
May 6-10	Carrots w/Ranch, Fruit	Cubes, Carrots w/Ranch, Fruit	Cheese on WG Hawaiian	Carrots w/Ranch, Fruit	Cheese on WG Hawaiian
-			Bun, Cheese Cubes,		Bun, Cheese Cubes,
			Carrots w/Ranch, Fruit		Carrots w/Ranch, Fruit
WEEK	Breakfast: WG Donut Bites	Breakfast: WG Toasted	Breakfast: Breakfast Muffin	Breakfast: WG Sausage, Egg &	Breakfast: Egg & Bacon
	or Cereal Kit, Fruits	Breakfast Bar or Cereal Kit, Fruit	w/ Egg & Sausage or Cereal	Cheese Burrito or Cereal Kit,	Pizza or Cereal Kit, Fruit
FOUR	Choice A: Corn Dog, Sweet	Choice A: Macaroni & Cheese,	Kit, Fruit	Fruit	Choice A: Chicken &
January 15-19	Potato Fries, Applesauce	WG Dinner Roll, BBQ Green	Choice A :WG Cheese Pizza,	Choice A : Tangerine Chicken &	Cheese Quesadilla,
February 12-16	Choice B: Anytimers Lunch	Beans, Fresh Pineapple	Maple Rainbow Carrots,	Fried Rice, Stir Fried	Seasoned Pinto Beans,
March 11-15	Kit, Carrot Snack w/ Ranch,	Choice B : Anytimers Lunch Kit,	Watermelon Slices	Vegetables, Mandarin Oranges	Peaches
April 15-19	Fruit	Carrot Snack w/ Ranch, Fruit	Choice B: Anytimers Lunch	Choice B : Anytimers Lunch Kit,	Choice B: Anytimers
-			Kit, Carrot Snack w/ Ranch,	Carrot Snack w/ Ranch, Fruit	Lunch Kit, Carrot Snack
May 13-17			Fruit		w/ Ranch, Fruit

Served Daily on FruitVeggie Bar: Baby Carrots, Grape Tomatoes, Broccoli &/or Cauliflower Bites, Cucumber Slices, Romaine & Spinach Mix, Varieties of Fresh & Canned Fruit and Homemade Salads. Menu subject to change without notice due to availability of product. This institution is an equal opportunity employer. CHOICE OF MILK served with all meals. BREAKFAST = Served daily 8-8:30 in the school cafeteria! updated 1/31/24