| HOLLAND <br> NUTRITION SERVICES |  | Pre K-5 Menu Jan-June 2024 |  |  | Students for 1 Lunch Daily cash or in , no charging |
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| WEEK ONE <br> January 22-26 <br> February 19-23 <br> March 18-22 <br> April 22-26 <br> May 20-24 | Breakfast: Breakfast Bagel or Cereal Kit, Fruit <br> Choice A: WG Chicken <br> Nuggets w/ Breadstick, Seasoned Green Beans, Fresh Pear <br> Choice B: Turkey Ham on WG Bread, Carrot Snacks w/ Ranch, Fruit | Breakfast: Apple Cinnamon WG Texas Toast or Cereal Kit, Fruit Choice A: Chicken Alfredo Bake w/ WG Dinner Roll, Roasted Broccoli \& Cauliflower, Pineapple <br> Choice B: Turkey Ham on WG Bread, Carrot Snacks w/ Ranch, Fruit | Breakfast: WG Vanilla Belgian Waffle w/ Fruit or Cereal Kit, Fruit <br> Choice A: Pepperoni Pizza, Seasoned Broccoli, Golden Apples <br> Choice B: Turkey Ham on WG Bread, Carrot Snacks w/ Ranch, Fruit | Breakfast: WG Pancake Bites w/ Syrup or Cereal Kit Choice A: Popcorn Chicken Bowl w/ Mashed Potatoes, Gravy \& Corn, Applesauce Choice B: Turkey Ham on WG Bread, Carrot Snacks w/ Ranch, Fruit | Breakfast: Breakfast Sausage \& Gravy Pizza or Cereal Kit, Fruit Choice A: Walking Taco, Seasoned Refried Beans, Sliced Peaches <br> Choice B: Turkey Ham on WG Bread, Carrot Snacks w/ Ranch, Fruit |
| WEEK TWO <br> Jan 29-Feb 2 <br> Feb 26-Mar 1 <br> March 25-29 <br> April 29-May 3 <br> May 27-31 | Breakfast: WG Donut Bites or Cereal Kit, Fruit Choice A: WG Chicken Patty on WG Bun, Mexican Street Corn on the Cob, Fresh Pear Choice B: Hard Cooked Egg w/ WG Muffin, EduSnacks, String Cheese, Carrot Snacks w/ Ranch, Fruit | Breakfast: WG Toasted Breakfast Bar or Cereal Kit, Fruit Choice A: Pizza Mac \& Cheese Bake, WG Dinner Roll, Seasoned Green Beans, Tropical Fruit Choice B: Hard Cooked Egg w/ WG Muffin, EduSnacks, String Cheese, Carrot Snacks w/ Ranch, Fruit | Breakfast: Breakfast Muffin <br> w/ Egg \& Sausage or Cereal Kit, Fruit <br> Choice A: Grilled Cheese \& Tomato Ratatouille Soup, Melon Slices <br> Choice B: Hard Cooked Egg w/ WG Muffin, EduSnacks, String Cheese, Carrot Snacks w/ Ranch, Fruit | Breakfast: WG Sausage, Egg \& Cheese Burrito or Cereal Kit, Fruit <br> Choice A: Mandarin Orange Dumplings, Steamed Broccoli, Sliced Peaches <br> Choice B: Hard Cooked Egg w/ WG Muffin, EduSnacks, String Cheese, Carrot Snacks w/ Ranch, Fruit | Breakfast: Egg \& Bacon Pizza or Cereal Kit, Fruit Choice A: Cheesy <br> Chicken Nachos, Taco <br> Fiesta Beans, Applesauce <br> Choice B: Hard Cooked <br> Egg w/ WG Muffin, <br> EduSnacks, String <br> Cheese, Carrot Snacks w/ Ranch, Fruit |
| WEEK <br> THREE <br> January 8-12 <br> February 5-9 <br> March 4-8 <br> April 8-12 <br> May 6-10 | Breakfast: Breakfast Bagel or Cereal Kit, Fruit <br> Choice A: Cheeseburger on WG Bun, Waffle Fries, Tropical Fruit <br> Choice B: Turkey Ham \& Cheese on WG Hawaiian Bun, Cheese Cubes, Carrots w/Ranch, Fruit | Breakfast: Apple Cinnamon WG Texas Toast or Cereal Kit, Fruit Choice A: WG Rotini w/ Meat Sauce, Garlic Twisty Breadstick, Maple Baked Garbanzo Beans, Orange Wedges <br> Choice B: Turkey Ham \& Cheese on WG Hawaiian Bun, Cheese Cubes, Carrots w/Ranch, Fruit | Breakfast: WG Vanilla Belgian Waffle w/ Fruit or Cereal Kit, Fruit <br> Choice A: Cheese <br> Enchiladas, Garlic Chili <br> Steamed Broccoli, Red Apples <br> Choice B: Turkey Ham \& Cheese on WG Hawaiian Bun, Cheese Cubes, Carrots w/Ranch, Fruit | Breakfast: WG Pancake Bites w/ Syrup or Cereal Kit Choice A: Chicken Tenders \& Waffles, Green Beans, Applesauce <br> Choice B: Turkey Ham \& Cheese on WG Hawaiian Bun, Cheese Cubes, Carrots w/Ranch, Fruit | Breakfast: Breakfast <br> Sausage \& Gravy Pizza or Cereal Kit, Fruit <br> Choice A: Walking <br> Chicken Fajita Taco, Cuban Black Bean \& Corn Salad, Banana <br> Choice B: Turkey Ham \& Cheese on WG Hawaiian Bun, Cheese Cubes, Carrots w/Ranch, Fruit |
| January 15-19 <br> February 12-16 <br> March 11-15 <br> April 15-19 <br> May 13-17 | Breakfast: WG Donut Bites or Cereal Kit, Fruits Choice A: Corn Dog, Sweet Potato Fries, Applesauce Choice B: Anytimers Lunch Kit, Carrot Snack w/ Ranch, Fruit | Breakfast: WG Toasted Breakfast Bar or Cereal Kit, Fruit Choice A: Macaroni \& Cheese, WG Dinner Roll, BBQ Green Beans, Fresh Pineapple Choice B: Anytimers Lunch Kit, Carrot Snack w/ Ranch, Fruit | Breakfast: Breakfast Muffin w/ Egg \& Sausage or Cereal Kit, Fruit <br> Choice A:WG Cheese Pizza, Maple Rainbow Carrots, Watermelon Slices Choice B: Anytimers Lunch Kit, Carrot Snack w/ Ranch, Fruit | Breakfast: WG Sausage, Egg \& Cheese Burrito or Cereal Kit, Fruit <br> Choice A: Tangerine Chicken \& Fried Rice, Stir Fried Vegetables, Mandarin Oranges Choice B: Anytimers Lunch Kit, Carrot Snack w/ Ranch, Fruit | Breakfast: Egg \& Bacon Pizza or Cereal Kit, Fruit Choice A: Chicken \& Cheese Quesadilla, Seasoned Pinto Beans, Peaches Choice B: Anytimers Lunch Kit, Carrot Snack w/ Ranch, Fruit |

Served Daily on FruitVeggie Bar: Baby Carrots, Grape Tomatoes, Broccoli \&/or Cauliflower Bites, Cucumber Slices, Romaine \& Spinach Mix, Varieties of Fresh \& Canned Fruit and Homemade Salads. Menu subject to change without notice due to availability of product. This institution is an equal opportunity employer. CHOICE OF MILK served with all meals. BREAKFAST = Served daily 8-8:30 in the school cafeteria!

