

Pre K-5 Menu Aug-Dec 2023

**NO Cost to ALL Students for
1 Breakfast and 1 Lunch Daily**

**Milk ONLY \$0.75 cash or in
student account, no charging**

WEEK ONE August 23-25 September 18-22 October 16-20 November 13-17 December 11-15	Breakfast: Breakfast Bagel or Cereal Kit, Fruit Choice A: WG Chicken Nuggets w/ Breadstick, Seasoned Green Beans, Fruit Choice B: Turkey Ham on WG Bread, Carrot Snacks w/ Ranch, Fruit	Breakfast: Apple Cinnamon WG Texas Toast or Cereal Kit, Fruit Choice A: Chicken Alfredo Bake w/ WG Dinner Roll, Roasted Root Veggies, Fruit Choice B: Turkey Ham on WG Bread, Carrot Snacks w/ Ranch, Fruit	Breakfast: WG Pancake bites w/ Syrup or Cereal Kit, Fruit Choice A: Pepperoni Pizza, Seasoned Broccoli, Fruit Choice B: Turkey Ham on WG Bread, Carrot Snacks w/ Ranch, Fruit	Breakfast: WG Vanilla Belgian Waffle w/ Fruit Topping or Cereal Kit Choice A: Oven Baked Chicken Leg w/ WG Dinner Roll, Mashed Potatoes, Fruit Choice B: Turkey Ham on WG Bread, Carrot Snacks w/ Ranch, Fruit	Breakfast: Breakfast Sausage & Gravy Pizza or Cereal Kit, Fruit Choice A: Walking Taco, Seasoned Refried Beans, Fruit Choice B: Turkey Ham on WG Bread, Carrot Snacks w/ Ranch, Fruit
WEEK TWO August 28-31 September 25-29 October 23-27 November 20-22 December 18-22	Breakfast: WG Donut Bites or Cereal Kit, Fruit Choice A: WG Chicken Patty on WG Bun, Mexican Street Corn on the Cob, Fruit Choice B: Hard Cooked Egg w/ WG Muffin, String Cheese, Carrot Snacks w/ Ranch, Fruit	Breakfast: WG Toasted Breakfast Bar or Cereal Kit, Fruit Choice A: Pizza Mac & Cheese Bake, WG Dinner Roll, Seasoned Green Beans, Fruit Choice B: Hard Cooked Egg w/ WG Muffin, String Cheese, Carrot Snacks w/ Ranch, Fruit	Breakfast: Breakfast Muffin w/ Egg, Cheese & Sausage or Cereal Kit, Fruit Choice A: Grilled Cheese on WG Bread, Steamed Broccoli, Fruit Choice B: Hard Cooked Egg w/ WG Muffin, String Cheese, Carrot Snacks w/ Ranch, Fruit	Breakfast: WG Sausage, Egg & Cheese Burrito or Cereal Kit, Fruit Choice A: Sweet & Sour Meatballs w/ WG Cheesy Breadstick, Glazed Rosemary Carrots, Fruit Choice B: Hard Cooked Egg w/ WG Muffin, String Cheese, Carrot Snacks w/ Ranch, Fruit	Breakfast: Egg & Bacon Pizza or Cereal Kit, Fruit Choice A: Cheesy Chicken Nachos, Fiesta Beans, Fruit Choice B: Hard Cooked Egg w/ WG Muffin, String Cheese, Carrot Snacks w/ Ranch, Fruit
WEEK THREE September 5-8 October 2-6 Oct 30-Nov 3 Nov 27-Dec 1	Breakfast: Breakfast Bagel or Cereal Kit, Fruit Choice A: Cheeseburger on WG Bun, Waffle Fries, Fruit Choice B: Turkey Ham & Cheese on WG Hawaiian Bun, Cheese Cubes, Carrots w/Ranch, Fruit	Breakfast: Apple Cinnamon WG Texas Toast or Cereal Kit, Fruit Choice A: WG Rotini w/ Meat Sauce, Garlic Twisty Breadstick, Maple Baked Garbanzo Beans, Fruit Choice B: Turkey Ham & Cheese on WG Hawaiian Bun, Cheese Cubes, Carrots w/Ranch, Fruit	Breakfast: WG Pancake bites w/ Syrup or Cereal Kit, Fruit Choice A: Beef & Bean Burrito w/ Salsa, Garlic Chili Steamed Broccoli, Fruit Choice B: Turkey Ham & Cheese on WG Hawaiian Bun, Cheese Cubes, Carrots w/Ranch, Fruit	Breakfast: WG Vanilla Belgian Waffle w/ Fruit Topping or Cereal Kit Choice A: Tangerine Orange Chicken, Fried Rice, Stir-fried Vegetable, Fruit Choice B: Turkey Ham & Cheese on WG Hawaiian Bun, Cheese Cubes, Carrots w/Ranch, Fruit	Breakfast: Breakfast Sausage & Gravy Pizza or Cereal Kit, Fruit Choice A: Walking Chicken Fajita Taco, Cuban Black Bean & Corn Salad, Fruit Choice B: Turkey Ham & Cheese on WG Hawaiian Bun, Cheese Cubes, Carrots w/Ranch, Fruit
WEEK FOUR September 11-15 October 9-13 November 6-10 December 4-8	Breakfast: WG Donut Bites or Cereal Kit, Fruits Choice A: Chili Cheese Hot Dog on WG Bun, Homestyle Baked Beans, Fruit Choice B: Anytimers Lunch Kit, Carrot Snack w/ Ranch, Fruit	Breakfast: WG Toasted Breakfast Bar or Cereal Kit, Fruit Choice A: Macaroni & Cheese, WG Dinner Roll, BBQ Green Beans, Fruit Choice B: Anytimers Lunch Kit, Carrot Snack w/ Ranch, Fruit	Breakfast: Breakfast Muffin w/ Egg, Cheese & Sausage or Cereal Kit, Fruit Choice A: WG Cheese Pizza, Glazed Rainbow Carrots, Fruit Choice B: Anytimers Lunch Kit, Carrot Snack w/ Ranch, Fruit	Breakfast: WG Sausage, Egg & Cheese Burrito or Cereal Kit, Fruit Choice A: Mexican Rice Bowl w/ Tortilla Chips, Fruit Choice B: Anytimers Lunch Kit, Carrot Snack w/ Ranch, Fruit	Breakfast: Egg & Bacon Pizza or Cereal Kit, Fruit Choice A: Homestyle Cheesy Chicken Quesadilla, Seasoned Pinto Beans, Fruit Choice B: Anytimers Lunch Kit, Carrot Snack w/ Ranch, Fruit

Menu subject to change without notice due to availability of product. This institution is an equal opportunity employer. CHOICE OF MILK served with all meals.

updated 8/7/23