

COVID-19 Educational Setting Isolation Guidance: COVID-19 Cases

Quick reference guide based on CDC and MDHHS guidelines

ISOLATION

If you are sick or test positive for COVID-19 (even if you don't have symptoms).

Day 0 is your first day of symptoms or a positive viral test. Day 1 is the first full day after your symptoms developed or your test specimen was collected.

Settings with universal masking ¹	Settings without universal masking ¹
<ol style="list-style-type: none">1. Stay home until at least day 5 AND until fever² is gone and symptoms are better.2. When the conditions in step 1 above are met, you may return to the educational setting wearing a well-fitting mask at all times through day 10.3. If unable/unwilling to wear a well-fitting mask, stay home for 10 days.4. If you develop symptoms after testing positive, your isolation period should start over. Day 0 is your first day of symptoms.	<ol style="list-style-type: none">1. Stay home for 10 days AND until fever² is gone and symptoms are better.2. If you develop symptoms after testing positive, your isolation period should start over. Day 0 is your first day of symptoms.

¹ Universal Masking means an environment where everyone is required to wear a well-fitting face mask, with rare exceptions. Discuss exceptions with an OCDPH Liaison.

² Fever must be gone without taking any medicine to reduce a fever (such as ibuprofen, acetaminophen, Tylenol, Advil/Motrin).

COVID-19 Educational Setting Quarantine Guidance: Household Exposures

Quick reference guide based on CDC and MDHHS guidelines

QUARANTINE

If you were exposed to COVID-19 by a positive household member.

Day 0 is the day of your last exposure. Day 1 is the first full day after your last contact with a person who has had COVID-19.

You are not required to quarantine if:

1. Age 18 or older and **have received** all recommended vaccine doses, including boosters (and additional dose for some immunocompromised people).¹
2. Age 5-17 and **have completed** the primary series of COVID-19 vaccines.¹
3. You **had** appropriately documented COVID-19 in the last 90 days.²

You may attend the educational setting immediately if asymptomatic, AND are required to:

1. Wear a well-fitting mask while any household case is in isolation, PLUS 10 days. **OR**
2. If unable/unwilling to wear a well-fitting mask, you must quarantine at home for 10 days from the end of any household case's isolation period.
3. If symptoms develop, stay home, begin isolation, and consider a test for COVID-19.

You are required to quarantine if:

1. Age 18 or older and **have not received** all recommended vaccine doses, including boosters (and additional dose for some immunocompromised people).¹
2. Age 5-17 and **have not completed** the primary series of COVID-19 vaccines.¹
3. You **have not had** appropriately documented COVID-19 in the last 90 days.²

You are required to:

1. Stay home until any household case meets the conditions to end isolation (see isolation guidance), PLUS 5 days of additional quarantine.
2. If asymptomatic after those 5 days, you may then return to the educational setting wearing a well-fitting mask for 5 more days. **OR**
3. If unable/unwilling to wear a well-fitting mask, you must quarantine at home for 10 days from the end of any household case's isolation period.
4. If symptoms develop, stay home, begin isolation, and consider a test for COVID-19.

¹ For vaccine information visit the CDC: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines.html>.

² Reported to public health at the time of illness.

COVID-19 Educational Setting Quarantine Guidance: School-based Exposures

Quick reference guide based on CDC and MDHHS guidelines

QUARANTINE

If you were a close contact¹ to a COVID-19 positive case in an educational setting.

Day 0 is the day of your last exposure. Day 1 is the first full day after your last contact with a person who has had COVID-19.

You do not need to quarantine if:

1. Age 18 or older and **have received** all recommended vaccine doses, including boosters (and additional dose for some immunocompromised people).²
2. Age 5-17 and **have completed** the primary series of COVID-19 vaccines.²
3. You **had** appropriately documented COVID-19 in the last 90 days.³

You may attend school immediately if asymptomatic, AND should:

1. Wear a well-fitting mask for 10 days after exposure. **OR**
2. If unable/unwilling to wear a well-fitting mask, you should quarantine at home.
3. If symptoms develop, stay home, begin isolation, and consider a test for COVID-19.

You should quarantine if:

1. Age 18 or older and **have not received** all recommended vaccine doses, including boosters (and additional dose for some immunocompromised people).²
2. Age 5-17 and **have not completed** the primary series of COVID-19 vaccines.²
3. You **have not had** appropriately documented COVID-19 in the last 90 days.³

You should:

1. Stay home for 5 days from last exposure, test on day 5, if possible. May return to educational setting days 6 through 10 wearing a well-fitting mask, if asymptomatic or test negative. **OR**
2. Test-to-Stay at educational setting wearing a well-fitting mask, testing every other day (at least 2 tests, 24+ hours apart before day 8). **OR**
3. If unable/unwilling to wear a well-fitting mask, you should quarantine at home.
4. If symptoms develop, stay home, begin isolation, and consider a test for COVID-19.

¹ A close contact is a person who was within 3' if both persons were wearing a mask, or within 6' if either or both were not wearing a mask, for a total of 15 minutes in a 24-hour period.

² For vaccine information visit the CDC: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines.html>.

³ Reported to public health at the time of illness.

COVID-19 Educational Setting Quarantine Guidance: General Contact Exposures

Quick reference guide based on CDC and MDHHS guidelines

QUARANTINE

If you were a close contact¹ to a COVID-19 positive case in a community setting (not household or educational setting).

Day 0 is the day of your last exposure. Day 1 is the first full day after your last contact with a person who has had COVID-19.

You do not need to quarantine if:

1. Age 18 or older and **have received** all recommended vaccine doses, including boosters (and additional dose for some immunocompromised people).²
2. Age 5-17 and **have completed** the primary series of COVID-19 vaccines.²
3. You **had** appropriately documented COVID-19 in the last 90 days.³

You may attend school immediately if asymptomatic, AND should:

1. Wear a well-fitting mask for 10 days after exposure. **OR**
2. If unable/unwilling to wear a mask, you should quarantine at home.
3. If symptoms develop, stay home, begin isolation, and consider a test for COVID-19.

You should quarantine if:

1. Age 18 or older and **have not received** all recommended vaccine doses, including boosters (and additional dose for some immunocompromised people).²
2. Age 5-17 and **have not completed** the primary series of COVID-19 vaccines.²
3. You **have not had** appropriately documented COVID-19 in the last 90 days.³

You should:

1. Stay home for 5 days from last exposure, test on day 5 if possible OR Test-to-Stay at school with at least two tests, 24+ hours apart before day 8.
2. If remaining home for 5 days, test on day 5, if possible. Stay home if positive.
3. May return to school days 6 through 10 wearing a well-fitting mask, if asymptomatic or test negative. **OR**
4. If unable/unwilling to wear a well-fitting mask, you should quarantine at home.
5. If symptoms develop, stay home, begin isolation, and consider a test for COVID-19.

¹ A close contact is a person who was within 6' of a person with COVID-19 for a total of 15 minutes in a 24-hour period.

² For vaccine information visit the CDC: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines.html>.

³ Reported to public health at the time of illness.