

Paul Heidel, M.D., M.P.H.

Medical Director

Date: September 1, 2020

Dear: Parent or Staff Member of Holland Public High School

This letter is to inform you that an individual from Holland Public High School was recently diagnosed with COVID-19 and is currently at home in isolation. The Ottawa County Department of Public Health (OCDPH) has investigated the situation and all close contacts are being notified today through a separate letter and will be home in quarantine.

Due to widespread infections with COVID-19 within our community, the OCDPH recommends parents continue to assess their children and staff continue to assess themselves prior to leaving home. Symptoms to be watching for are (new/different/worse from baseline of any chronic illness):

- 1. Temperature 100.4 or higher signs of fever (chills/sweating)
- 2. Sore throat
- 3. Uncontrolled cough
- 4. Difficulty breathing or shortness of breath
- 5. Diarrhea, vomiting, or abdominal pain
- 6. Severe headache
- 7. Loss of taste or smell

It is recommended that your child be tested for COVID-19 if they get any of these symptoms. You can call 2-1-1 or go to <a href="www.michigan.gov/coronavirustest">www.michigan.gov/coronavirustest</a> for testing locations. For more information on testing or COVID-19 you may also go to <a href="www.miottawa.org/Health/OCHD/coronavirus">www.miottawa.org/Health/OCHD/coronavirus</a>.

If you have any further questions please contact the Ottawa County Health Department at PHReponse@miottawa.org.

Sincerely,

Paul A. Heidel MD, MPH

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