

# Holland Heights February 2021 Newsletter

## **A note from Mr. Derr:**

Please continue to encourage your child around our POWER expectations as they come to school every day. We continue to focus on a different letter in POWER each month. This month is **O** for **Own your Actions** and **W** which stands for **Wise Choices**. We will talk about how every day they make choices at school in a variety of areas and how they need to stop and think before making each choice. Ask if it's Safe? Kind? Helpful? Harmful? We also talk about if you make a bad choice you need to be honest and own it so we can resolve the issue and move forward. We encourage you to spend time at home talking with your child about how they make choices and to own their behavior. We know as our kids improve at demonstrating the POWER expectations at school, the better the environment will be for learning. Thank you for supporting our efforts around these POWER expectations!!

## **Kindergarten Information for 2021-22**

**If you have a child at home who will be eligible for Kindergarten in the fall, or know someone in the neighborhood who does, we have an event you/they might be interested in.**

**Feb. 18 6:00 – 7:00 PM – Kindergarten Information Night on Zoom – spend some time with our Amazing Kindergarten and Transitional Kindergarten Teachers along with the Principal**

## **Parent - Teacher Conferences**

Please be sure to look for information coming home that will provide you with an opportunity to schedule your child's Parent-Teacher Conference. It is very important for you to be in contact with your child's teacher during the school year to make sure we are all working together to help your child become a better learner every day. Here are the dates and times:

**Feb. 3 & 9 3:50 – 6:50 PM - K-5**

**Feb. 11 12:30 – 3:30 PM – K-5 – School Dismissed at 11:35**

## **School Success and how Sleep Impacts that Success**

All of us are aware that if any of us don't get enough sleep at night, our performance and work or school will be impacted in a negative way. We are asking as a staff at Holland Heights, that you as parents reflect on the amount of sleep your child/children get every night. Research would show that most of our PreK-5 students should get between 8 – 10 hours of sleep every night. The younger the learner the more they need to have the ability to stay focused and engaged during the school day. Please do what you can to work with your child/children to make sure they are getting enough sleep every night so they can be successful at school every day. Thank you.

**Important Dates -** Feb. 12 and 15 – **No School** – Mid winter break