

ALLEGAN COUNTY YOUTH

WHAT'S TRENDING

Substance use and the teen brain: do you know what's happening?

Allegan County Substance Abuse Prevention Coalition (ASAP) and Allegan County Suicide Prevention Coalition, in collaboration with Allegan Public Schools, is hosting a **virtual presentation about the teen brain concerning substance use and mental health** for parents, community members, and everyone with a vested interest in the future of our youth.

Join us on Zoom!

with Dr. Crystal Collier

May 12, 2021 • 7 to 8 p.m.

Middle school youth-focused

Meeting ID: 922 9000 9222

Passcode: 217943

May 13, 2021 • 7 to 8 p.m.

High school youth-focused

Meeting ID: 974 2367 1842

Passcode: 416914

The presentations will include a 30-minute session with Dr. Collier giving an overview of the teen brain concerning substance use and mental health. The presentations will be followed by a question and answer and discussion with Dr. Collier. Both sessions are open to anyone; however, please attend whatever you feel is appropriate. Your participation and feedback are important to us. All attendees are eligible to win a Meijer gift card. Registration not required.



Dr. Crystal Collier has been working with adolescents and adults suffering from mental illness, behavior disorders, and substance abuse since 1991. Her area of expertise includes adolescent brain development, prevention programming, parent coaching, addiction, family-of-origin work, and training new clinicians and school counselors.



ALCOHOL

Average age of first use among Allegan County teens is **13**.



MARIJUANA

Average age of first use among Allegan County teens is **14**.



TOBACCO

19 percent of teens in Allegan County report that they have used vape products in the past 30 days.



SUICIDE

33 percent of high school and **26 percent** of middle school students in Allegan County felt so sad and hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months.

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